



Session: Meet the Parents

Session Aim: To meet the parents of the young people who will be confirmed to remind them of their commitments to help their children in their faith journey as the 'first teachers of the faith'

Time	Activity
00	Welcome and Introductions
	Go around and introduce yourselves (name an interesting fact!)
05	Icebreaker
	(Please see Icebreaker booklet)
20	Early on in the Called to Community time it would be good to meet the parents of the young people who will be Confirmed to remind them of their commitments to help their children in their faith journey as the 'first teachers of the faith'.
	It is also a good time to rekindle relationships with parents and perhaps invite to specific adult sessions.
25	A very simple chance to invite parents to a meeting to remind them of their own commitments to their child as the Confirmation programme begins.
	However, this meeting could be done in an informal way with a chance for parents to sit around tables with a glass of wine and some nibbles.
	Priests from the PA can be part of the wider group and sit with the parents and get to know them a little more.
	PA's can take this a bit further by offering specific sessions for parents to run alongside any sessions being offered for the young people.
	For example, Alpha run both youth and adult sessions and could be run at the same time and at the same venue so parents can bring their children and leave together but have a slightly different input.
	Tailoring the time for parents to them can make a difference. Where would parents feel comfortable? Does the room seem relaxed and welcoming? Can there be some social time included?





Final Prayer

(Please see attached booklet)